

Weight Status According to Body Mass Index, Adults Ages 18 years and Older, by Year, Maine, 2000-2010

Year	Healthy Weight					Overweight					Obese				
	n	N	%	LCL	UCL	n	N	%	LCL	UCL	n	N	%	LCL	UCL
2000	1,804	382,095	42.8	40.2	45.3	1,607	329,970	36.9	34.5	39.4	911	181,317	20.3	18.3	22.3
2001	898	362,372	40.2	37.9	42.5	888	359,865	40.0	37.7	42.2	467	178,460	19.8	18.0	21.6
2002	920	370,461	40.1	37.8	42.4	838	357,622	38.7	36.5	41.0	499	195,039	21.1	19.2	23.0
2003	912	384,772	40.8	38.5	43.1	848	366,897	38.9	36.6	41.2	464	191,191	20.3	18.4	22.1
2004	1,281	373,248	38.0	36.0	40.0	1,293	374,987	38.2	36.2	40.2	789	233,414	23.8	22.0	25.6
2005	1,430	381,717	39.3	37.4	41.3	1,368	365,245	37.6	35.7	39.5	895	224,150	23.1	21.5	24.7
2006	1,456	388,665	39.3	37.4	41.3	1,391	367,608	37.2	35.3	39.1	917	231,608	23.4	21.9	25.0
2007	2,335	361,223	36.0	34.4	37.5	2,482	385,297	38.4	36.8	39.9	1,670	257,674	25.7	24.3	27.0
2008	2,333	373,584	37.3	35.7	38.8	2,396	365,696	36.5	35.0	38.0	1,711	262,922	26.2	24.9	27.6
2009	2,629	347,791	34.9	33.5	36.4	2,924	381,129	38.3	36.8	39.8	2,120	266,307	26.8	25.5	28.1
2010	2,623	355,609	35.6	34.1	37.1	2,902	366,919	36.7	35.3	38.1	2,212	276,987	27.7	26.4	29.0

Source: Behavioral Risk Factor Surveillance System

Healthy weight is a BMI between 18.5 and 25, Overweight is a BMI between 25.1 and 30, Obese is a BMI over 30; based on self-reported height and weight.

n = unweighted number of adults (numerator); N = weighted number of adults (weighted numerator)

LCL = Lower 95% confidence limit of the weighted percentage; UCL = Upper 95% confidence limit of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust

NA = Not available

